

# Shop-bought mushrooms

If you want to make spore prints but don't want to collect wild mushrooms, there's nothing wrong with shop-bought (cultivated) mushrooms, BUT you must understand their biology sufficiently to make sure you get suitable material. Button mushrooms are **young mushrooms** and have not usually developed enough to produce spores – they often still have a protective membrane completely covering the gills. You need to buy 'open-cap' or 'large flat' mushrooms.

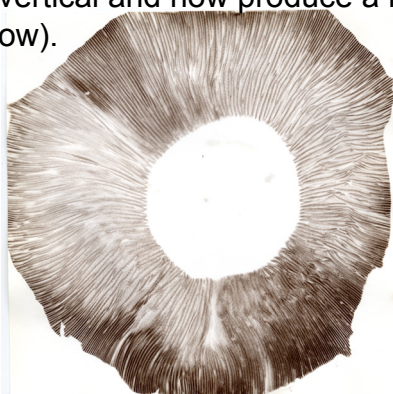


HOWEVER, these mushrooms are often displayed (and stored and distributed) upside down so the customers can see the gills. But the gills are gravitropic - they can sense they are away from the vertical and try to grow back to the vertical (now there's an interesting discussion point about growth and development!).



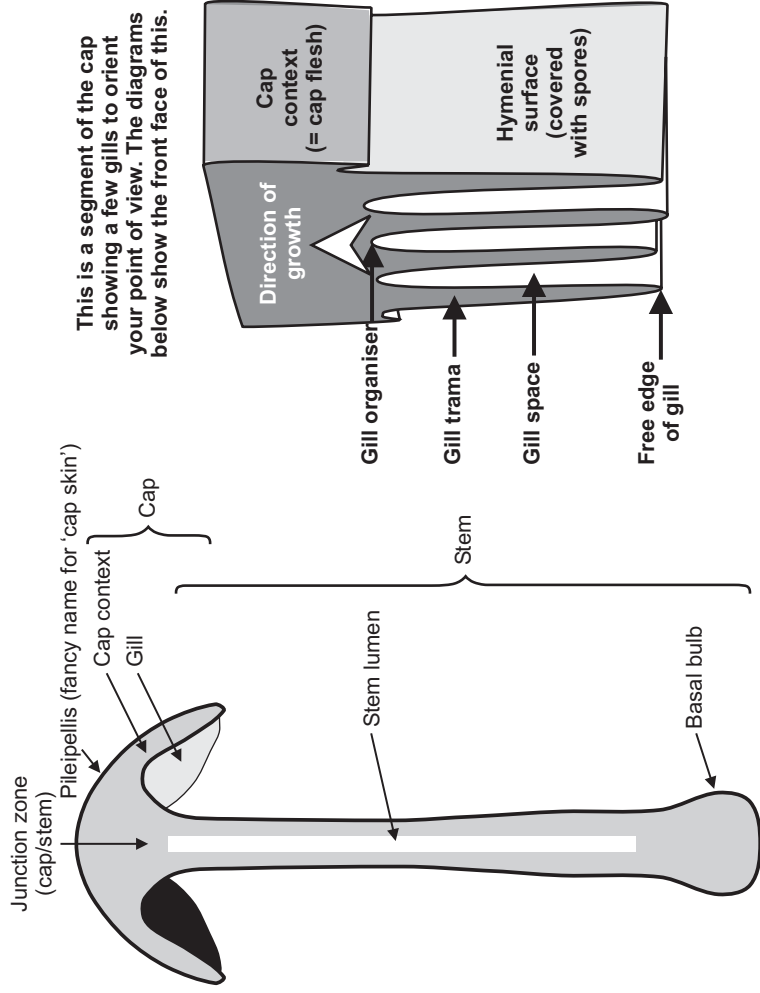
Here's an example in the packet shown above; note the flattened gills – particularly evident at top and bottom of the picture. These are not damaged, they're just trying to adjust themselves back to the vertical. The true vertical in the original transport tray was in the approximately "two o'clock" position, so the gills from about "9 o'clock to 2 o'clock" have flattened onto their right hand side, and gills from "2 o'clock to 7 o'clock" have flattened onto their left hand side, leaving those at about 2 o'clock (and at 8 o'clock under the label) still vertical.

You can get the gills to re-orient themselves by putting the fruit body the right way up (i.e. gills downwards!) in a moist chamber overnight. No grand apparatus is required. The moist chamber can be a dinner plate covered with a mixing basin and a layer of moist kitchen tissue. If the stem or fruit body margin get in the way and prevent the cap sitting horizontally, then spear the stem onto a cocktail stick (or toothpick) supported in a piece of potato. Leave for 24-36 hours. On the right is the same fruit body after 36 hours in a moist chamber; note that many of the gills have returned to the vertical and now produce a rather nice spore print (below).



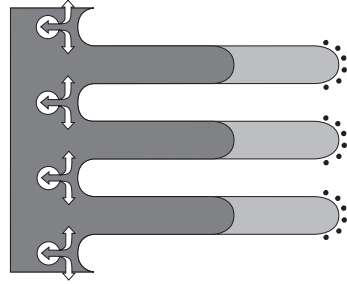
You can do this preparation in your kitchen before the activity. Alternatively, set up the moist chamber in the classroom with the children and use the exercise to discuss growth and development in these organisms. The next page explains the biology in outline.

# Understanding how mushrooms work



This is a segment of the cap showing a few gills to orient your point of view. The diagrams below show the front face of this.

To understand mushroom development properly you must recognise the (counter-intuitive) fact that gills **DO NOT GROW AT THEIR FREE EDGE**. Rather, they extend where they are joined to the cap flesh. Effectively, the spaces between gills extend into the cap flesh and leave differentiated gills behind them (rather like the way that fingers were produced on your hand when you were an embryo).



**Stationary reference** →

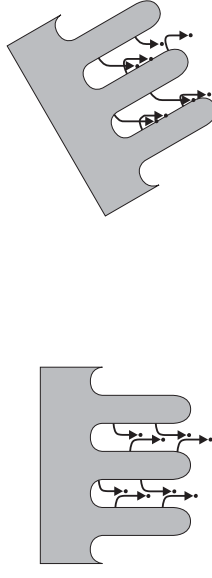
This can be demonstrated by painting drawing ink on the free edges of very young (primordial) gills.

Allow the gills to continue to develop and although they will get much deeper, the ink will remain at the free edge

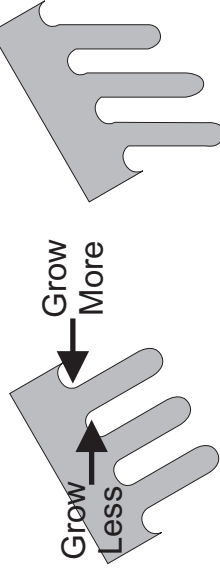
# Understanding how mushrooms work

## - dependence on gravity

Mushroom spores are distributed on air currents. They are shot into about the middle of the space between adjacent gills and then drop vertically downwards to escape from the cap and into the turbulent air below. The gills must be absolutely vertical for this to happen. If the gills lean only slightly away from the vertical, many of the spores will drop onto the opposing gill surface.

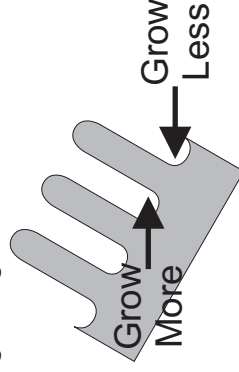


Mushrooms are exquisitely sensitive to gravity. Those with thin stems tend to rely on stem bending to adjust the orientation of the cap. But most species have a 'fine adjustment' at the growing point where the gill is joined to the cap, and in species with thick stems (like the cultivated mushroom) gravitropism at this site is especially highly developed.



This growing point of the gill acts like a hinge, when the high side grows more and the low side grows less. When the gill is back to the vertical there is no high/low difference and the two sides of the gill grow equally.

Now imagine what happens when a mushroom is turned upside down. If a gill is truly vertical it will continue to grow vertically (even though upside down). But gills off the vertical will react gravitropically, and again the high side grows more and the low side grows less.



Now, though, the gill can't get back to the vertical. The best it can do is lie flat against its fellows.

