

## Fred shows you how to make a Spore Print

1 Choose a mature, undamaged cap with 'gills' and an even-shaped rim



2 Cut the stem very close to the cap



3 Place the cap, gills down, on a sheet of card or paper. If the gills are dark, use white card/paper, if they are white, use black paper.



4 Now place a bowl or similar over the cap to stop the spores smudging or blowing away.



5 Leave the cap for more than two hours (preferably overnight).



6 Carefully remove the bowl and cap. You now have a print (formed from the spores that have fallen from the gills).

