THE GOOD, THE BAD AND THE FUNGI







PROPS AND IMAGES

Compiled by Liz Holden (Grampian Fungus Group) in association with Aberdeen Environmental Education Centre, Aberdeenshire Council Health and Safety Unit, Aberdeenshire Council Ranger Service, British Mycological Society and Buchan Countryside Group. With support from Scottish Natural Heritage.

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THE GOOD, THE BAD AND THE FUNGI

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Fungi in the Field

Dentist mirrors.

Using dentist mirrors enables the children to look closely at the toadstools without always having to pick them. They will be able to find much of the information that they need to use the key in this way.

It is sometimes possible to find these mirrors in hardware stores or 'minimart' type shops. This is usually the cheapest option.

Otherwise they can be obtained from:

Chemical Supplies, Carlton House, Livingstone Road, Bilston, West Midlands WV14 0QZ

Tel: 01902 402402

















Track down your toadstool!

A toadstool is usually thought of as a fleshy fruitbody with a cap and stem. Mushroom is another word meaning the same thing. Many common members of this group of organisms (the fungi) have, however, very different shapes. We have included 35 'easy-to-recognise' fungi in this key and some of them might surprise you by their appearance! There are hundreds of larger fungi in the woodlands and grasslands of the British Isles, so it is quite possible you will find something that is not in this key.

We have classified the fungi together according to their shapes, and this sometimes puts closely related fungi into different keys. For instance, you might like to try and work out why stinkhorns, earth stars and bird's nest fungi are actually relatives of the puffballs—there is a clue in the Latin word which describes them as the 'gasteroid' fungi. (The answer's at the back of the book!)

Remember:

Always wash your hands after working with fungi. This key is not designed to help you identify edible fungi. *Never* eat a wild mushroom unless you are absolutely certain that you have identified it correctly or have asked an expert first.

When you see this symbol, it means that your fungus is probably not in the key—try looking in a book on fungi! We have suggested some useful books to look in at the end of the key.

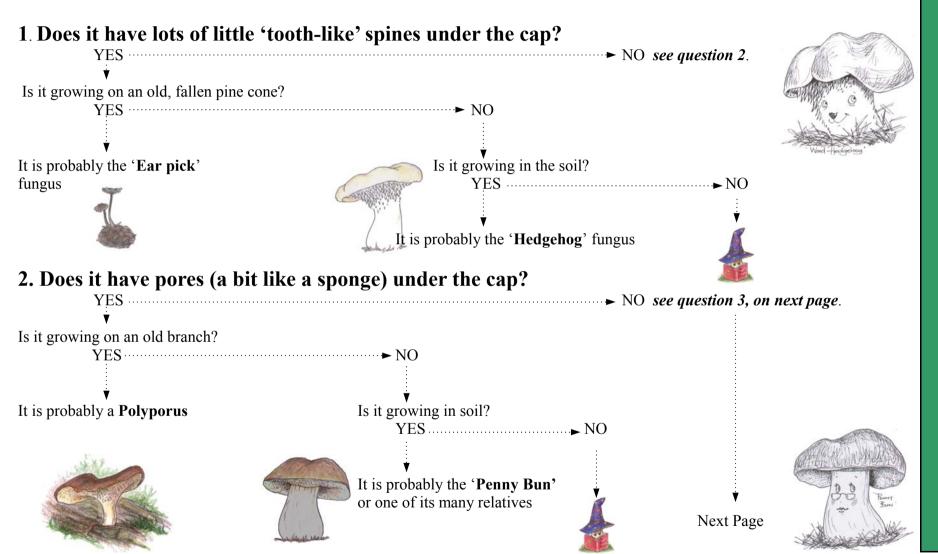
Track down your toadstool!

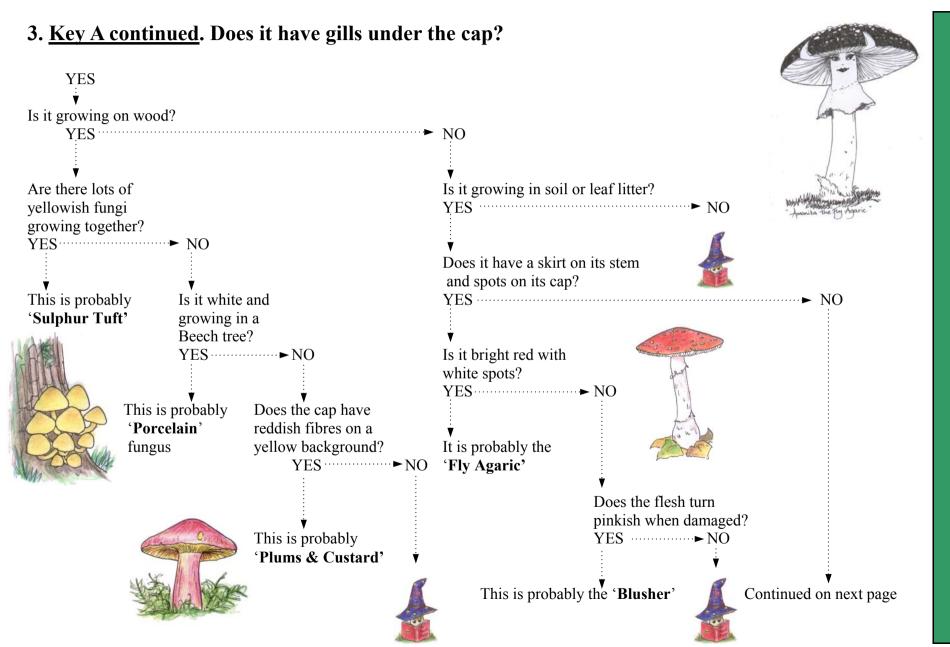
Read the first question. If your answer is 'YES', see which key you need to look at next. If the answer is 'NO' then go to the next question.

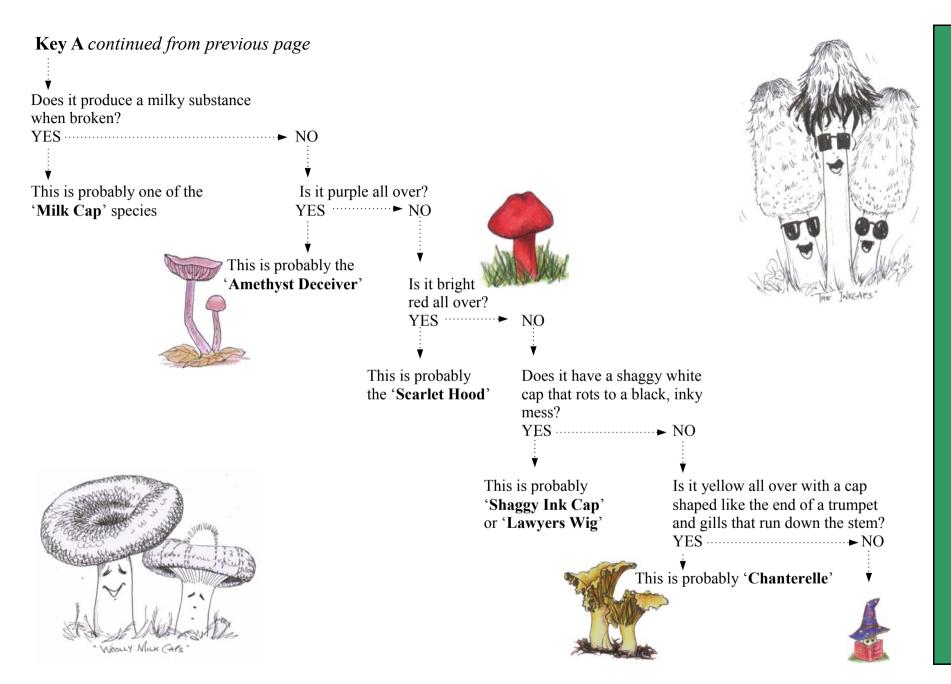
Does your fungus have a cap and stem? The cap can have gills, pores or spines underneath it.	YES LOOK AT KEY A NO GO TO QUESTION 2
2. Does your fungus look like a shelf or fan? It will probably be growing on a tree trunk or stump if the answer is yes.	YES LOOK AT KEY B NO GO TO QUESTION 3
3. Is your fungus 'club' shaped with a stem but no cap? Sometimes the top can be split into 'branches'	•• YES •••• LOOK AT KEY C ••• NO •••• GO TO QUESTION 4
4. Is your fungus round, like a ball and usually growing in grassy places? It can sometimes have a short, thick stem part.	YES LOOK AT KEY D
5. Is your fungus a blob on a leaf or piece of wood?	•• YES ····· LOOK AT KEY E ···· NO ··· GO TO QUESTION 6
6. Is your fungus like a cup or bowl, sitting on the ground with no stem? OR is there a small ball-shaped centre raised up on several legs?	YES LOOK AT KEY F NO

KEYA Fungi with a cap and a stem

Start at question 1 and answer 'yes' or 'no' to the questions below; follow the arrows and see if your fungus is here.

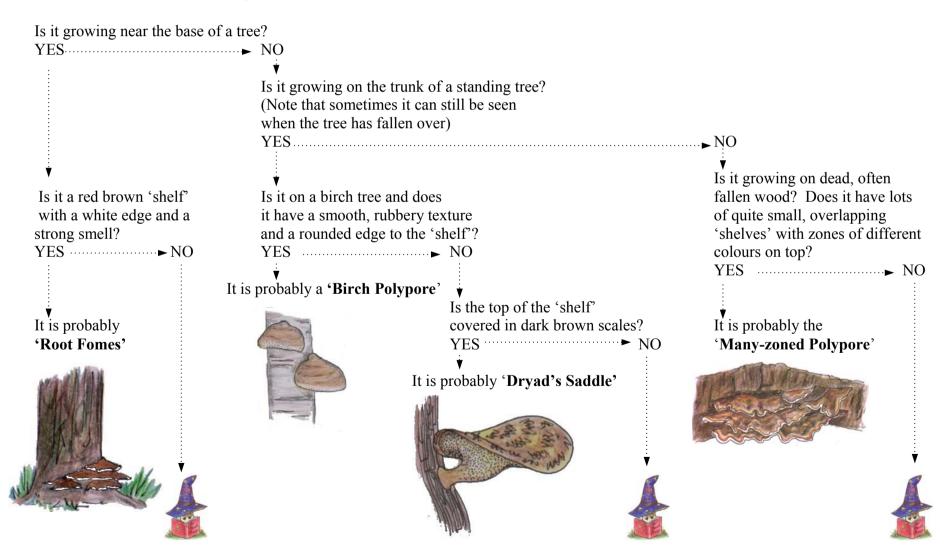






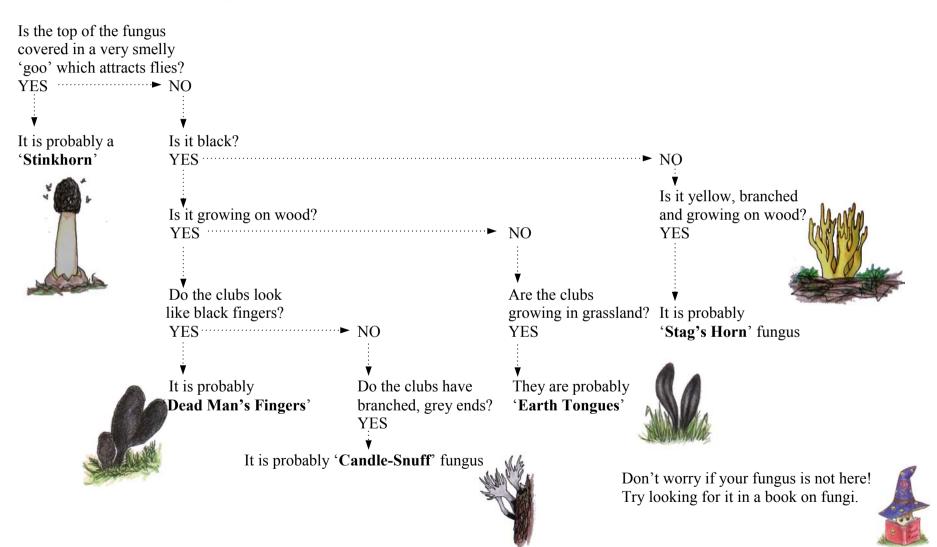
KEY B Fungi that Look Like a Shelf or a Fan

Answer 'yes' or 'no' to the questions below; follow the arrows and see if your fungus is here.



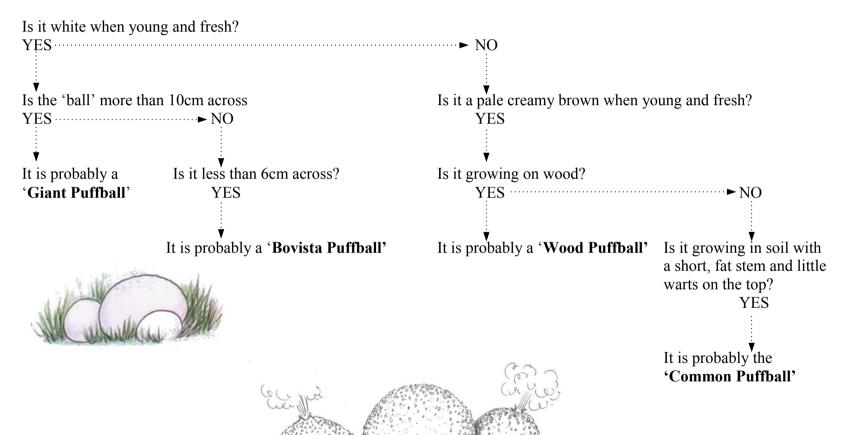
KEY C Fungi that are 'club' shaped with a stem and head area but no cap. Sometimes the top is branched.

Answer 'yes' or 'no' to the questions below; follow the arrows and see if your fungus is here.



KEY D Fungi that are round like a ball

Answer 'yes' or 'no' to the questions below; follow the arrows and see if your fungus is here.

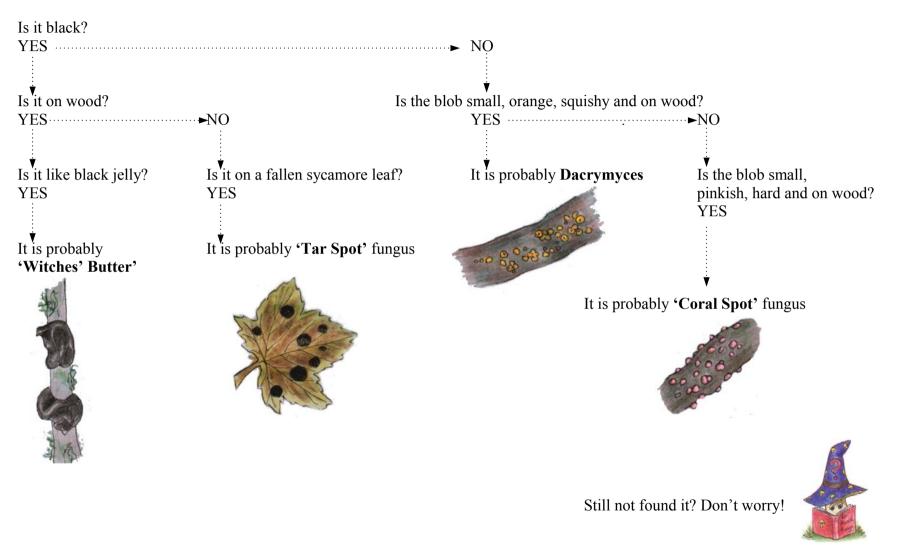


Still not found it? Don't worry!



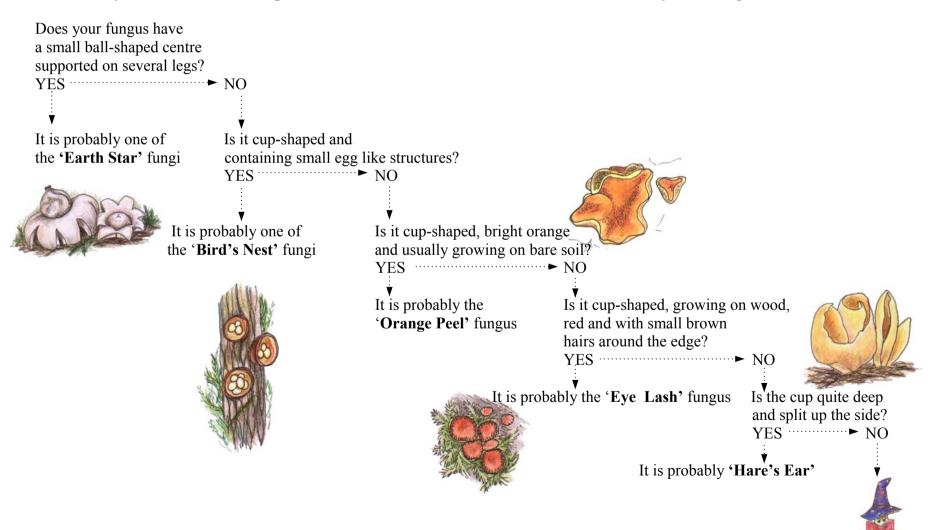
KEY E Fungi that look like a blob on dead wood or leaves

Answer 'yes' or 'no' to the questions below; follow the arrows and see if your fungus is here.



KEY F Fungi that are like a cup or a bowl, sitting on the ground without a stem **OR** have a small ball-shaped centre supported on several legs.

Answer 'yes' or 'no' to the questions below; follow the arrows and see if your fungus is here.





The Naming of Fungi

Whilst the common English names are often historically interesting, descriptive and easy to get your tongue around, only a very few fungi have been given such a name. A further problem with common names is that sometimes people will use different names for the same fungus, or the same name for different fungi!

Fortunately, every fungus does have a Latin scientific name and if you look up their meanings these can be descriptive too. The first part of the name tells you what group (genus) the fungus belongs to and the second part of the name is specific to that fungus (species).

We have listed below all of the fungi included in this key. When only one Latin name is given below you will know that you have only keyed-out the fungus as far as its genus. Mycologists (this is what you call the people who study fungi) are finding out new information about fungi all the time, and sometimes a fungus will be given a different Latin name as a result of new research.

Amethyst Deceiver	. Laccaria amethystea	Giant Pu
Birch Polypore	.Piptoporus betulinus	Hare's Ea
Bird's nest fungi	. Cyathus or Crucibulum	Hedgeho
	or Nidularia species	Many-zo
Blusher	. Amanita rubescens	Milk Cap
Bovista Puffball	. Bovista species	Orange F
Candle-snuff fungus	. Xylaria hypoxylon	Penny B
Chanterelle	. Cantharellus cibarius	Plums an
Common Puffball	Lycoperdon perlatum	Polyporu
Coral Spot fungus	. Nectria cinnabarina	Porcelair
Dacrymyces	. Dacrymyces species	Root For
Dead Man's Fingers	. Xylaria polymorpha	Scarlet H
Dryad's Saddle	. Polyporus squamosus	Shaggy I
Ear pick fungus	Auriscalpium vulgare	Stag's Ho
Earth Star fungus	. Geastrum species	Stinkhorn
Earth Tongues	Geoglossum or	Sulphur '
	Trichoglossum or	Tar Spot
	Microglossum species	Witches'
Eye Lash fungus	Scutellinia scutellata	Wood Pu
Fly Agaric	.Amanita muscaria	

Giant PuffballLangermannia gigantea				
Hare's Ear fungusOtidea onotica				
Hedgehog fungus				
Many-zoned Polypore Trametes versicolor				
Milk CapsLactarius species				
Orange Peel fungusAleuria aurantia				
Penny BunBoletus edulis				
Plums and Custard <i>Tricholomopsis rutilans</i>				
Polyporus Polyporus species				
Porcelain fungusOudemansiella mucida				
Root Fomes Heterobasidion annosum				
Scarlet Hood				
Shaggy Ink Cap Coprinus comatus				
Stag's Horn fungus Calocera viscosa				
Stinkhorn				
Sulphur Tuft				
Tar Spot fungus				
Witches' ButterExidia glandulosa				
Wood PuffballLycoperdon pyriforme				
V 1 10 0				

More Reading

If you have enjoyed this key and would like to try something a little bit more challenging, try:

'An initial guide to the identification of Mushrooms and Toadstools' available from Paul Nichol, Strawberry Howe,

14 Horncastle Road, Woodhall Spa, Lines LN10 6UZ

Other useful books:

'Mushrooms and other fungi of Great Britain and Europe' by Roger Phillips, published by Pan Books 1981

'Collins How to Identify Edible Mushrooms' by Patrick Harding, Tony Lyon and Gill Tomblin,

HarperCollins Publishers 1996

'How the fungus got its spots—an explainer's guide to fungi' available from the the BMS Librarian,

c/o British Mycological Society,

Joseph Banks Building,

Royal Botanic Gardens Kew, Richmond Surrey, TW9 3AB

'Fungus Fred goes Foraying' by Maggie Hadley

Most of the information that you need to use this key can be found using a 'dental' mirror to look underneath the fungus' cap!

These can be obtained from: Scientific and Chemical Supplies,

Carlton House, Livingston Rd, Bilston,

West Midlands, WV14 0QZ. Tel: 01902 402402

There is lots of information about fungi on the internet. Here are some addresses to get you started:

http://www.britmycolsoc.org.uk/ Website of the British Mycological Society

http://www.nifg.org.uk/home.htm Website of the Northern Ireland Fungus Group—lots of good links and 'fascinating facts'.

http://www.rbge.org.uk/research/celtica/fc.htm The Royal Botanic Gardens Edinburgh 'Flora Celtica' site has information on fungal uses in the section on Scottish Plant Uses

And finally.....

Remember we asked you why were stinkhorns, earth stars and bird's nest fungi related to puffballs? The answer's in the Latin words describing them - 'gasteroid' which has the same root as 'gastric' and refers to a stomach; the spores of all these fungi develop inside a closed, or 'stomach-like' fruitbody - at least in the early stages!



Text by Liz Holden, illustrations by Kath Hamper

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Additional copies of this key may be obtained from:

Liz Holden Allanaquoich Mar Lodge Estate Braemar Ballater Aberdeenshire AB35 5YJ



The authors are pleased to acknowledge the support of Scottish Natural Heritage and the British Mycological Society

Introductory Parachute Games – some suggested questions and responses for running under the 'mushroom'

- 1. Who has seen a wild mushroom or toadstool growing?
- 2. Who likes mushroom soup?
- 3. Who has eaten Quorn burgers?
- 4. Who likes drinking hot chocolate?
- 5. Who likes drinking lemonade?
- 6. Who's taken penicillin medicine the pink tasty stuff that isn't Calpol?
- 7. Who's seen mouldy bread?
- 8. Who likes soya sauce on their food?
- 9. Who's parents make wine or beer at home?
- 10. Who likes marmite?
- 11. Who likes Stilton Cheese?
- 12. Who had toast for breakfast?
- 13. Who had milk on their cereals this morning?
- 14. Who has eaten a mushroom product already today?

Brief comments that can be made between questions once everybody is back around the edge of the 'chute. N.B. keep it simple and fun.

- 1. The mushroom or toadstool that you saw is just one part of the fungus the bit that makes the spores more about that later.
- 2. Made with mushrooms like the ones you see in the shops.
- 3. Quorn is the trade name for a food product (myco-protein) made from a thread like fungus not all fungi produce a big mushroom or toadstool we might see some different shapes today.
- 4. Chocolate is made from cocoa beans that grow in a pod on a tree. A fungus is used to ferment (break down) the bean and separate it from the pod.
- 5. Citric acid is used in fizzy drinks look on the labels! Citric acid is a chemical produced when certain fungi ferment sugars.
- 6. Penicillin is a fungus that sometimes forms a blue/green crust on old cheese or bread. In 1928, Alexander Fleming discovered that Penicillin contains substances that can kill bacteria and these have been the basis of many antibiotic medicines ever since.
- 7. Well you have probably seen a member of the Penicillin family don't try and use it for medical purposes though!
- 8. Soya sauce is made from soya beans that are soaked, mashed and then fermented with two different mold fungi.
- 9. Alcohol is one of the other main products of a yeast fungus fermenting sugars sugars from cereal grains for beer and grapes for wine.
- 10. Marmite is made from the used yeast fungus from the brewing industry.
- 11. Most of today's cheese is made using a fungal extract to solidify the milk.

 Stilton cheese has an extra fungus growing through it to give it more flavour!
- 12. Toast is bread and we like our bread light and fluffy a yeast fungus makes that happen.
- 13. Milk comes from cows and the cows have tiny fungi in their stomachs to help them digest all the grass that they eat. Without the fungi to help there would be no milk.
- 14. This should be everybody who ate a breakfast!



WATER	WATER	WATER
WATER	WATER	WATER
WATER	WATER	WATER

Make a Mycelium Posts

Make a Mycelium Props Box

Contents:

20 x 'kite' cards with 25m of builder's nylon string on each

30 containers (plastic flower pots or similar) small pot of pins to attach containers to stakes 40 each of 4 different coloured fimo 'counters' = food particles

large numbers of red balloons
string cut into lengths + spare string for tying to
balloons
large amount of 'tested' toilet paper
7 water dropper bottles
5 balloon puffers

8 x keys 19 dentist's mirror

Parachute fungus games props box

Contents:

1 large light weight ball = parasitic spore 15 small foam balls = recycler spores 15 small foam balls (different colour) = mycorrhizal spores

1 x whistle on string

small box containing 1 dropper bottle of water toilet paper small number of red balloons

Mushroom Murder Mystery Props Box

Indoor Props Box



















Can you spot the odd one out?

One of these items does not need a fungus to create the final product!

Fascinating Facts: here are just a few for starters, you can find others in the references in the leader's notes – use them as you like.

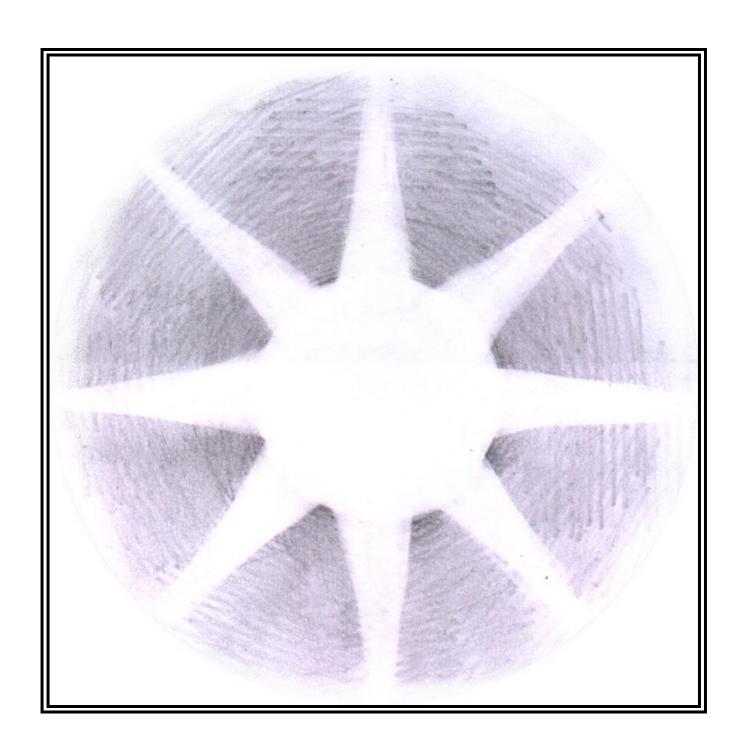
- It was not always so easy to go on fungal forays. In ancient Egypt, the consumption of mushrooms was a privilege restricted to the pharaoh and his family – a commoner was forbidden even to touch one!
- Mushroom poisoning was a problem even in ancient Rome.
 Emperor Claudius died at the hand of his third wife Agrippina, who fed him a poison mushroom in order to ensure that her son Nero would become the next emperor.
- People have also been using fungi for purposes other than food for thousands of years. Tinder material prepared from the bracket fungus, Fomes fomentarius, was found with the frozen remains of a Neolithic man in an alpine glacier in 1991, and have been dated to 3350 – 3100BC
- Fairy rings in Germany are allegedly caused by dragons flying in circles and scorching the earth beneath them with their tails.
- An individual Honey Fungus (*Armillaria* species) is claimed to be the world's largest and oldest living organism. It is estimated to be 1500 years old and to weigh more than 10,000kg.
- It is said that the ancient highlanders used to pack their circular shields (targes) with dried material from the Birch Bolete (*Piptoporus betulinus*). The fungus is light and tough and is a good shock absorber. It was also used for honing blades (the Victorians called it the 'razor strop' fungus and cleaned and sharpened their old fashioned razor blades on it). Good job that this fungus also has some antiseptic qualities!
- One bracket, a Dryad's Saddle (Polyporus squamosus), is recorded as reaching a weight of 14kg in only three weeks.
- The first discovered antibiotic penicillin is from a mould Penicillium notatum. The discovery was probably one of the greatest medical advances of the 20th century.

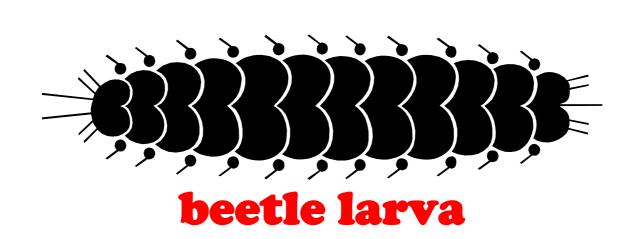


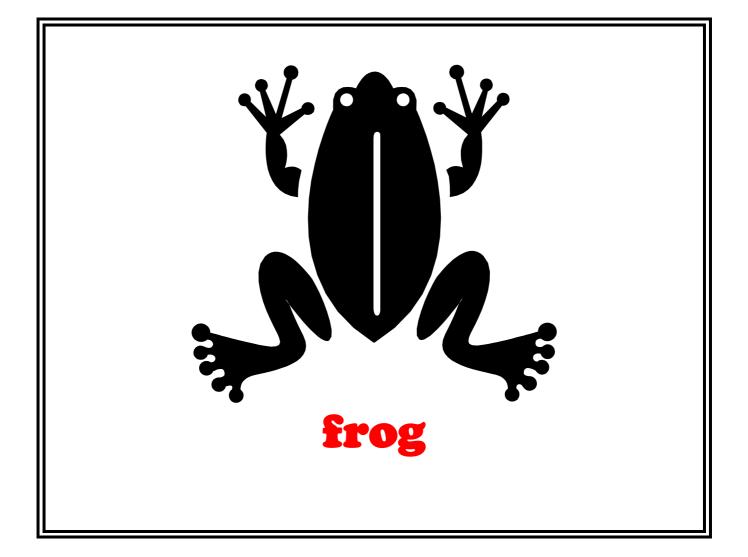
Fungal Food Chains: templates

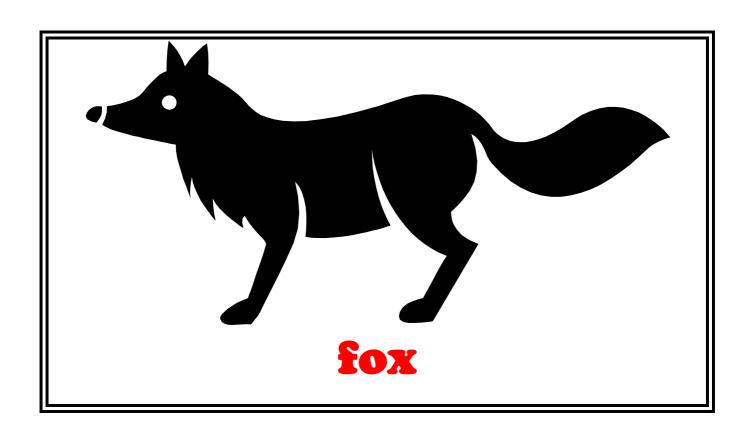
- Explanatory text
- The Sun
- The Beetle larva
- The Frog
- The Fox
- The Hawk
- The Slug
- The Blue tit
- The dead Birch tree
- The live Birch tree
- The Fly Agaric
- The Birch Polypore

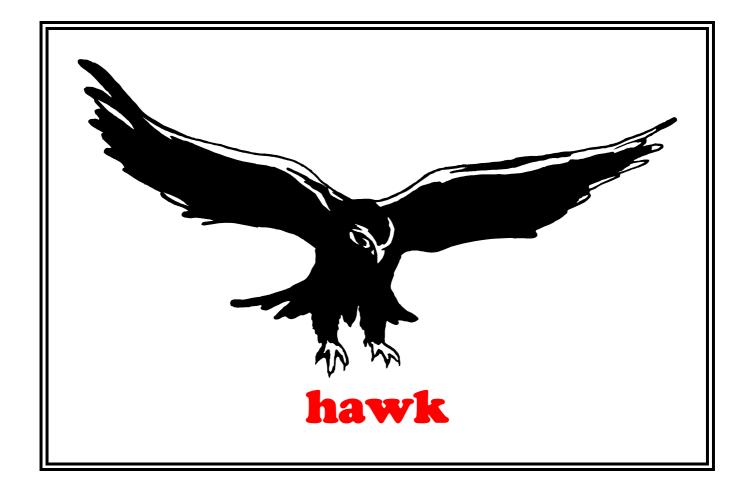
There are two complete but mixed up food chains here. Each card represents one step in the food chain. Can you sort them out to show how the sun's energy is passed along the chain right to the top predator?

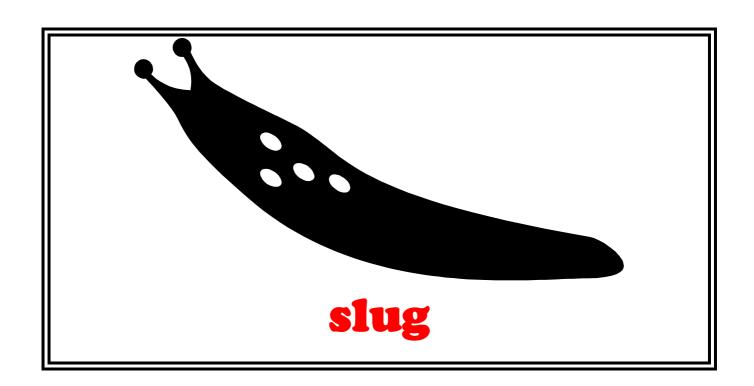


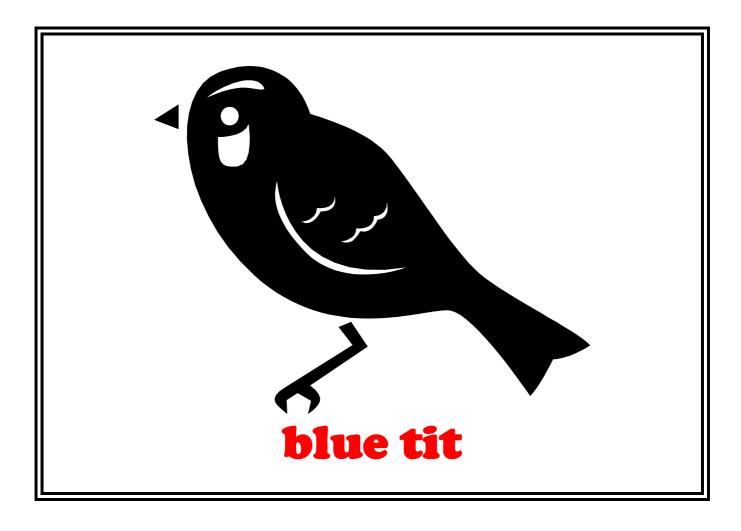


















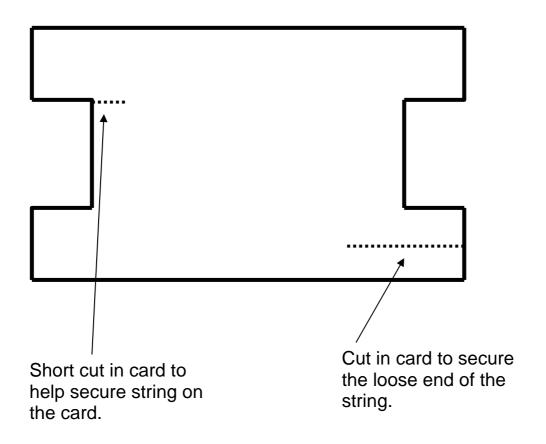
Fly Agaric



Birch Polypore

Make a Mycelium

Suggested template for thick card 'string winder' in 'Make a Mycelium'





Mushroom Murder Mystery Leader's Crib Cards

1.

- Divide group equally into trees and fungi
- Move the trees into a rough semi-Circle (not too far away, just enough that the fungi have to move around to find their tree)

Mushroom Murder Mystery

- Give out bags, explaining briefly how to use them (i.e. Don't look in them yet, they have clues you need to take out when instructed)
- Fungi can't get their energy directly from the sun (brief review of the 3 methods that they use - food exchange, recycling and killing their host! Mention that one tree will die here!)

3.

- Trees look in your bags and find your leaves. Keep them out. (They don't need to say what they are yet)
- Fungi often start their life as a spore. (The spore germinates and a minute tube emerges. Life is complicated, and the fungus cannot guarantee that its spore will land on a suitable food source - many fungi can only live with a particular species. All our fungi will find a host, but each tree can only have one fungus)

Fungi look in your bags and find your leaves (attached to the drawstring) and I will dust you with spore powder to set you off to find a tree with the same leaf as you. Remember that each tree can only have one fungus in this case-if the tree is already occupied, you have to move on to another.

Mushroom Murder Mystery

5.

When all are matched up, explain when toadstools occur and what they are for. If the conditions are right, some may fruit (find cocktail umbrellas and put them up) and this is when we can identify you. Fungi look at your photos now.

6.

Go around the wood (make sure you go to larch last) and ask each pair in turn to identify themselves. If they are mycorrhizal partners, they should exchange mineral salts and sugars now. If saprotrophic, they should produce the recycling card and leaves / twigs – explain the relationship. As each pair is revealed they can shed their own spores!

Mushroom Murder Mystery

7.

The last to be revealed should be the larch / cauliflower fungus. The larch can die (as dramatically as it likes) and should then search it's bag for the piece of wood / quivery beetle. Can anyone explain the wood with the beetle holes and thus why the death of the tree is important to the woodland ecosystem?

Before gathering up the bags, ensure that the salts and sugars have been swapped back! Make sure all the items go back into the correct bags - list overleaf.

Mushroom Murder Mystery

8. (reverse side)

Fungus bags contain: un-named picture of leaf (attached to drawstring), pot of spores, named photo of fungus, cocktail umbrella. If yellow background, pot of mineral salts. If green background, recycling symbol. Tree bags contain: Named picture of leaf. Birch, beech and pine should have pot of sugars. Hazel, oak and elm should have leaves or twigs. Larch should have piece of dead wood with beetle galleries, or a quivery bug.

Leader's bag contains: Pot of spores. Prompt cards. Spare salt, sugar and spore pots.



'The Chanterelle'

I am very good to eat and can help several different sorts of tree to grow, including birch Scots pine and beech.



'The Gypsy'

I help Scots pine trees to grow and I am quite rare That is because there is not much of the old pine forest left.



'Woolly Milkcap'

I help birch trees to grow.
As my name suggests,
I produce a white,
milk like liquid when broken.



'Fly Agaric'
I am poisonous but
very important –
I help birch trees to grow



'Wood Cauliflower'

I am a parasite – I attack old and sick conifer trees and can even kill them!



'Wood Hedgehog'

I am called 'hedgehog' because I have spines. I help birch and other trees to grow

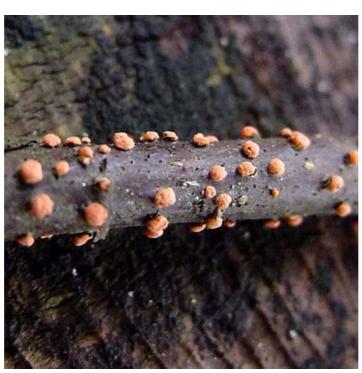


'Wood Woolly-foot'

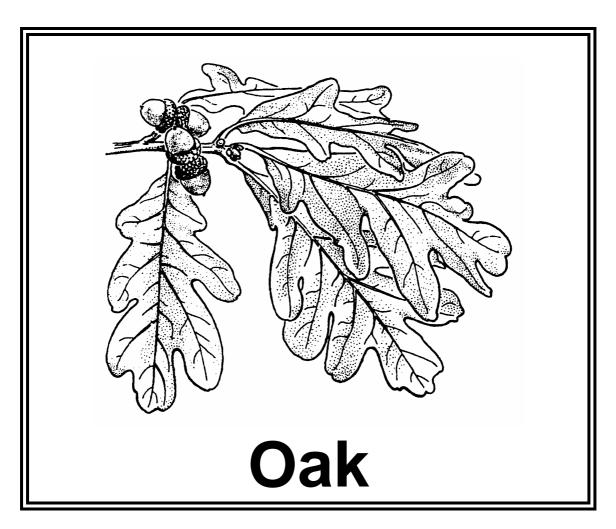
I am a common fungus of woodlands. I live on leaves and break them down for recycling

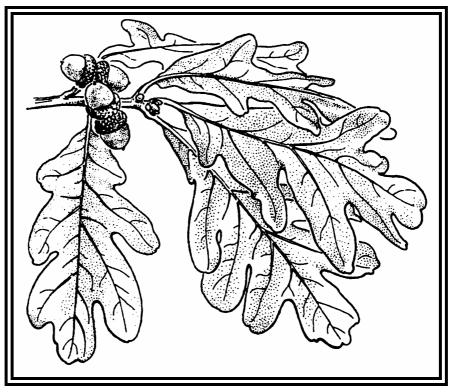


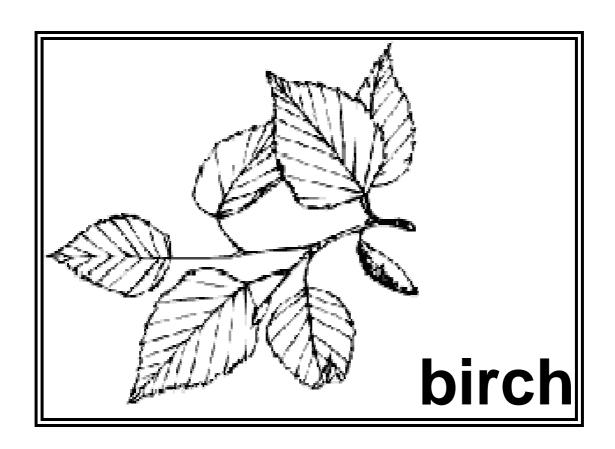
'The Blusher'I bruise red when I am damaged and help birch trees to grow

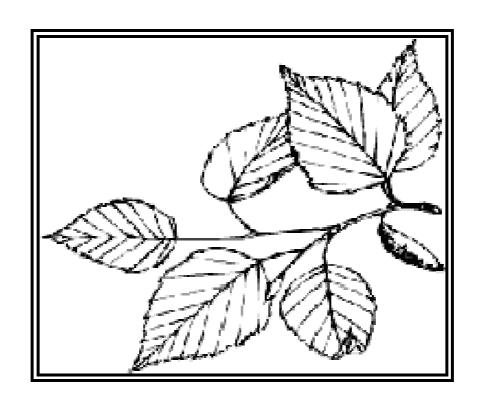


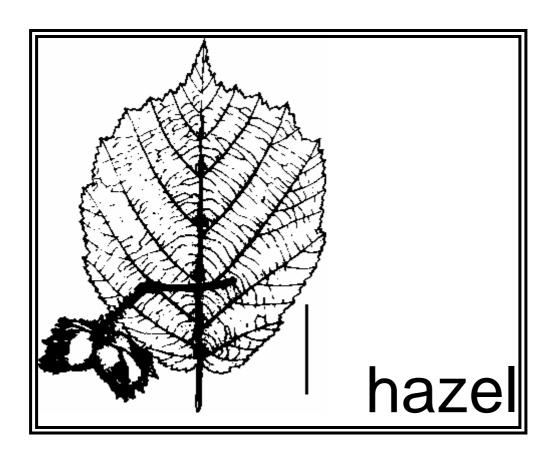
'Coral Spot'
I am a colourful and common recycler of dead twigs from broadleaved trees

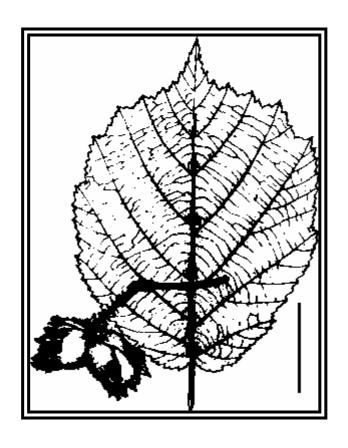


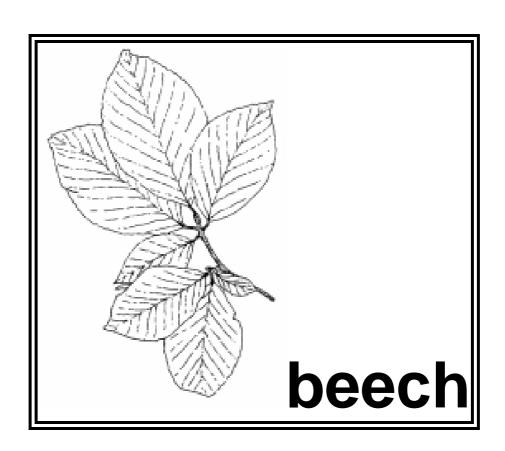


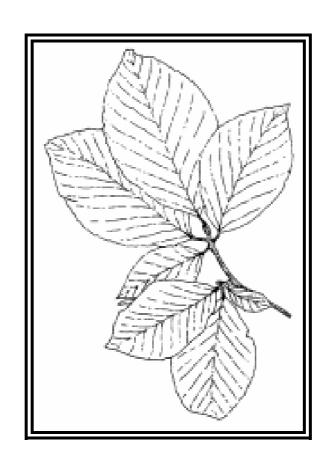


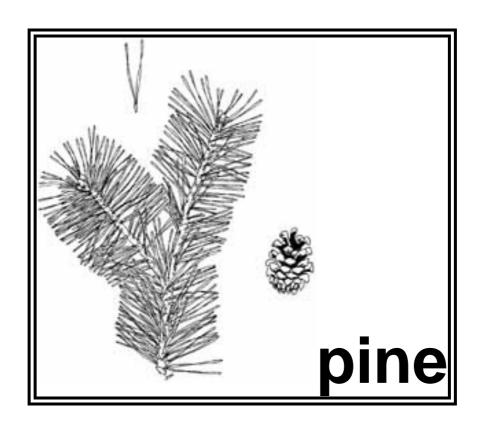






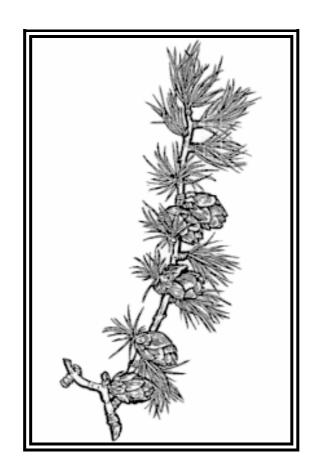


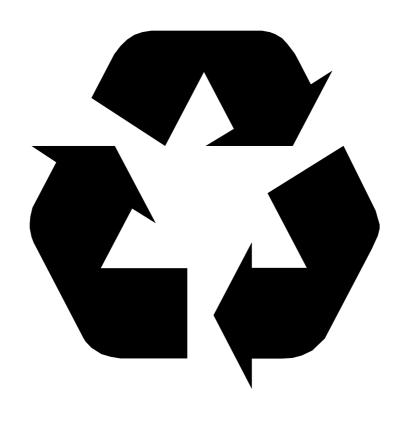


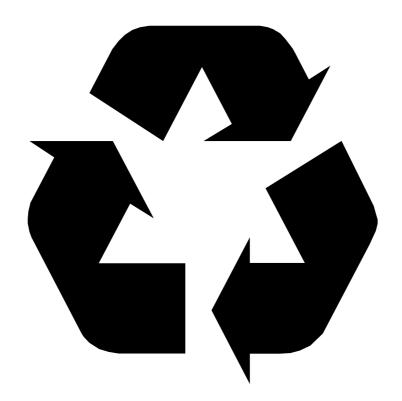




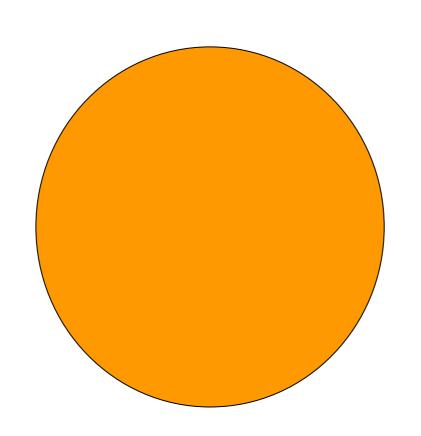








How big are fungal spores?



An orange can often be as much as 8 cm across

across

A pea is much smaller at around 1cm

This full stop is about 1 mm across. You would need about 500 fungal spores to cover it!

Toadstools and trees

Some suggested statements for 'Toadstools and Trees'

T = True

F = False

- F Fungi are plants
- F Fungi are animals
- T Fungi are in a kingdom all of their own
- F All fungi are poisonous
- F All fungi are slimy
- T One small nibble of a Death Cap could kill you
- F Poisonous fungi should be destroyed
- F All fungi are bad news for the trees in a wood
- T 90% of higher plants live in association with a fungus
- T Spores are smaller than plant seeds
- T The spots on a Fly Agaric are left by the veil, which protected the young fungus
- F Fungi that attack living trees are bad for the wild forest
- T Toadstools are important places for insect larvae to hide in and feed from
- F Fairy rings are caused by fire breathing dragons chasing their tails!
- T Some fungi can help to stop bleeding
- T The effects of some fungi can be seen from space

